

THE WESTERN AUSTRALIAN GOLF ASSOCIATION (INC)

GRAHAM MARSH JUNIOR GOLF FOUNDATION

2009 Smarter than Smoking Country Development Coaching Programme

Lake Grace Golf Club

THURSDAY 16th JULY

11.00 am - 11.30 am	Arrival and registration at golf course.
11.30 am - 11.40 am	Intro by Professionals Wade Clatworthy and Donna Crouch.
11.40 am - 11.50 am	Warm-up - Stretch.
11.50 am - 1.00 pm	Grip, Set-up - Full Swing.
1.00 pm - 1.30 pm	Lunch
1.30 pm - 3.30 pm	Grip, Set-up - Full Swing. (cont)
3.30 pm - 4.30 pm	Short Game, Chipping / Putting, Pitching / Bunker Play.

FRIDAY 17th JULY

8.15 am - 8.30 am	Assemble and outline today's programme.
8.30 am - 8.45 am	Warm-up - Stretch
8.45 am - 10.00 am	Revise grip, set-up, full-swing practice.
10.00 am - 10.15 am	Stretch break.
10.15 am - 12.00 pm	Short Game, Chipping / Putting, Pitching / Bunker Play.
12.00 pm - 12.30 pm	Lunch
12.30 pm - 1.30 pm	Revision and skills test.
1.30 pm - 4.00 pm	Access to course for juniors, coordinators and parents.

N.B. Actual coaching content may be altered to suit the skill level of participants.

