

2009 LEVEL O GOLF COURSE OUTLINE

Pinjarra Golf Club - PINJARRA

Saturday 27th June 2009

	TOPIC	REFERENCE
12.45 - 1.00	Registration	Coach - Andy Gott
1.00 - 1.15	1. Introduction - The Level O Course - Go-Go Golf - Go-Go Golf Characters - Equipment	Go-Go Golf Instructors Manual pages 5 - 8
1.15 - 1.30	2. Safety and Warm up - Safety Rules - Warm up and Stretching	Go-Go Golf Instructors Manual pages 9 - 15
1.30 - 1.50	3. Organization - Group Organization - The Coaching Session - Go-Go Golf Instructional Units	Go-Go Golf Instructors Manual pages 16 - 20, 59 - 72
1.50 - 3.00	4. Go-Go Golf Skills - The Golf Swing - The Set Up - The Full Swing	Go-Go Golf Instructors Manual pages 21 - 42
3.00 - 3.15	BREAK	
3.15 - 4.00	- Chipping - Pitching - Putting	Andy Gott

A Western Australian Golf Association (INC.) Coaching Programme

TOPIC		REFERENCE
4.00 - 4.40	5. Games and Activities - Introductory Games - Intermediate Games - Advanced Games - Setting up Go-Go Golf Course	Go-Go Golf Instructors Manual pages 43 - 57
4.40 - 4.50	6. Basic Rules and Etiquette - Basic Golf Rules - Golf Etiquette	Go-Go Golf Instructors Manual pages 73 - 80
4.50 - 5.00	7. Resources and Evaluation - The Level One Course - Graham Marsh Junior Golf Foundation - PGA Members	Go-Go Golf Instructors Manual pages 83 - 87

NOTE: All sessions will be of a practical nature.

Although Go-Go Golf is a game using slightly modified equipment designed for juniors of 9 - 13 years, the principals of the swing as taught in this course relate to golfers of all ages and abilities. The skills you will learn are ideal for teaching juniors at school or club level.

Importantly this course is for school teachers, junior golf coaches, coordinators and parents who are actively involved or about to be involved with junior golf clubs and their programmes.

