



BITS & PIECES

BAR PRICES

As of the 1st of March
bar prices will increase
as per the CPI
increases that have
been passed on to us
by the suppliers.

Hole in One's

2010 Dave Moore - 14th

FEEES FOR 2010-2011

There has been a small increase of 6% in all membership fees for the coming year 2010-2011. This is to cover the increase in costs of running the Golf Club.

I would like to remind all members of the options to pay their fees, those being:

To pay upfront and receive a 5% discount.

To pay in 2 - 6 monthly payments or

To take the monthly payment option.

Good Golfing for 2010

Peter Famlonga

Treasurer



Eagles on a Par 4

2010 Lee Currell—13th

GOLF TIP

PRO Tip Increase your club head speed for greater distance

Club head speed is the key to greater distance and solid ball striking. But where does speed come from? Well, speed comes from more than one part of your golf swing. The following tips will improve your distance and ball striking.

First, a faster golf swing starts with the proper grip. Both hands need to work together. The V's between the thumb and forefingers of both hands should point toward your back shoulder. Next, make sure you grip the club lightly. Grip the club like you are holding a small bird in your hands: strong enough to keep hold of the bird but soft enough not to hurt it. Gripping too tightly is the No.1 reason most average golfers struggle with club head speed.

Next, extend your arms through the impact area. As you feel the club head strike the ball your arms should be fully extended upon impact. Most average golfers tend to pull the club in toward their body as they strike the ball. This actually slows your swing, leading to distance loss and miss-hits.

Finally, fast club head speed always results from fast hips moving correctly during the down swing. As the front hip clears correctly during the down swing, the golf club acts as a slingshot, releasing energy with great centrifugal force during impact. The sequence of events should be:

1. Start with the proper grip, just enough pressure to hold onto the club with both hands working together.
2. Beginning from the top of your back swing, feel your arms starting to straighten out, fully extending upon impact.
3. On the down swing, as you feel your weight shift from your back foot toward the target, let your front hip open as fast as possible.

This move will encourage your hands to naturally release the club head during impact.

If you are successful with the 3 points above then you should start to notice both an increase in distance and improved ball striking. If not then why not see Dave or Phil for a lesson. (Book a Lesson before March to go in the draw to win 2 dozen Pro V's)

Happy Golfing

Dave.





19TH HOLE

WELCOME TO THE FIRST NEWSLETTER FOR 2010

I AM HOPING TO PUT OUT A MONTHLY NEWSLETTER THIS YEAR SO IF YOU CAN HELP WITH ANY NEWS STORIES, FUNNY INCIDENTS, OR ANYTHING OF INTEREST TO OUR MEMBERS

PLEASE COME AND SEE ME.

HOPE YOU ALL HAVE A GREAT YEAR AND GOOD GOLFING

Linda Borrell

Club Manager

\$5.00 Vouchers

The green \$5.00 vouchers will expire on the 31st March 2010.

You must spend them before this date. White \$5.00 vouchers will be

issued from the 1st March 2010.



Sponsors

We are still looking for sponsors for Wednesday and Sunday Competitions. If you would like to sponsor your Club or know anyone who would like to sponsor the Club in any way please see Linda or Stacey in the Office.

POZZIE CUP

For those who haven't heard the Pozzie Cup this year was a draw so the Cup holders (the non Aussies) retained the Cup for another year.

C'mon Aussies C'mon

We will have to do better next year.

FEBRUARY 1ST—Course will be closed due to renovations of the greens.

FEBRUARY 2ND—Course will be closed until 12.00pm due to the course being re rated.

Sorry for any inconvenience

COMING EVENTS

Opening Day — 6th March Open to all 7 day members Juniors and Associate members.

Shotgun start 7.15 am and 12.30pm

For presentation there will be BBQ packs available for \$6.00 per person. Bring your wife and make it a social evening for the start of the golfing year.

Opening Day for the Associates will be on Thursday 4th March. This will be a 9 hole comp followed by a sit down lunch.

15th March—Ladies WGWA Anniversary 4's

16th March— Ladies Summer Cup

NEW MEMBERS

We have had a number of new members join our fantastic golf club over the past month. Please welcome them all and show them what a great Club it is to be a part of.

Welcome to:

Sam Moon	Jeff Leevers
Ben Nichols	Paul Leach
Roy Khoh	Andrew Chan
Hugh Kelly	Michael Cicanese
Steve Ridley	Antoni Lunn
Clint McCormack	Robert Keenan
Adam Humphrey	David Keenan
Craig Hocking	Paul Graham